

Tulsa EWI Connect

CHARTERED 1956

May 2025

LETTER FROM THE PRESIDENT

WARREN PROFESSIONAL BUILDING CORPORATION

Dear EWI Sisters,

I love the month of May - its prelude to summer fun, its flower, the Lily of the Valley, and its birthstone the emerald. It is also my birthday month, which I share with my son!

May is also when we celebrate Mother's Day. Personally, I celebrate this every day.

A lady I follow online made the following observation while traveling in Spain, and it touched my heart and compelled me to share with you. "Something I've noticed throughout Spain: older women walking together, talking slowly, sharing time. Dan Buettner, who studies Blue Zones, places where people live the longest, recently wrote that Spain is on track to become the longest-living country in the world by 2030. He credits this to their olive oil-rich diet, faith, strong friendships, time spent outdoors, and most of all, their sense of community."

It's a reminder to all of us to eat well, walk often, stay connected, and find joy in the people around you. And act like every day is your birthday!

"Friendships between women, as any woman will tell you, are built of a thousand small kindnesses...swapped back and forth and over again." - Michelle Obama

Take care,

Susan Miller

2024-2025

EWI Tulsa Chapter President



2024-2025 OFFICERS & DIRECTORS

PRESIDENT

SUSAN MILLER, WARREN PROFESSIONAL BUILDING CORP.

VICE PRESIDENT

DR. LAFONDA MURPHY, MOORE FUNERAL HOMES

SECRETARY

NICOLE SMITH, 1800 WATER DAMAGE OF SE TULSA

TREASURER

SARA SHAKLEE, TRUST COMPANY OF OKLAHOMA

SERGEANT-AT-ARMS

SARAH BOWEN, TULSA ZOO

B/C/DP DIRECTOR

JENNIFER MURPHY, TRINITY WOODS TULSA

MEMBERSHIP (RECRUITMENT)

AMY HENDERSON, TULSA OILERS

MEMBERSHIP (RETENTION)

SARAH ALFRED, HUMMINGBIRD.TECH

PROGRAMS

MARNIE CHOISNARD, HEALTH ZONE AT SAINT FRANCIS

COMMUNICATIONS

AMANDA GRACE, PROJECT HOPE WORLDWIDE

ADVISOR

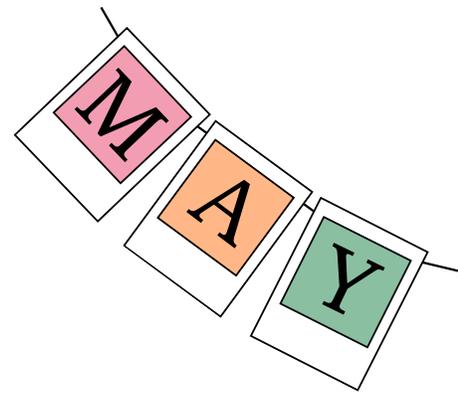
JODY DAVIS, ACCENT MOVING, STORAGE & LOGISTICS

ADVISOR

FELICIA SENTER, TULSA TECH

ADVISOR

JANIS COHLMIA, TROPICAL PLANT DESIGN



Tulsa
ewiConnect
IN THIS ISSUE



- **President's Letter**
- **Monthly Chapter Meeting**
- **April Meeting Highlights**
- **Thank You**
- **April Meeting Feedback**
- **Member Spotlights**
- **Calendar of Events**
- **Events to Attend**
- **Announcements**
- **May Birthdays and Firm Anniversaries**
- **Information**
- **Member Updates**
- **Contact**
- **About Us**



<https://www.facebook.com/ewitulsa>



<https://www.linkedin.com/company/ewi-tulsa>



<https://www.instagram.com/ewitulsa/>



<https://ewiconnect.com>



<https://www.facebook.com/ewicorp>

EWI Corporate Web/Social Media





MONTHLY CHAPTER MEETING



CONNECTIONS | CAREERS | COMMUNITY

MAY CHAPTER MEETING & BCDP SCHOLARSHIP BANQUET

We are excited to invite you to the annual BCDP Scholarship Banquet to be held at the May Chapter Meeting. Please join us as we honor new and continuing students with scholarships through EWI's 2025 ASIST and EWISP scholarship programs.

Date: Thursday, May 8, 2025
Time: 5:30 PM Social | 6:00 PM Meeting
Venue: Tulsa Tech
(4000 W Florence St, Broken Arrow, OK 74011)
Administration Building: large glass building with pond in front, Callahan Room
Parking: Free Parking Available at the meeting location
Dress: Business Professional
Speaker: Marshall Reeves, Project Hope Worldwide

Cost: \$45 Members & Guests | \$30 Sustaining

Please [click here](#) to connect to the RSVP form.

RSVP by Monday, May 5 so that we may provide the appropriate seating arrangements and dinner servings. Please let us know if you have any dietary restrictions.

No RSVPs and No-Shows will be charged the full amount of the meeting fee. Please RSVP for regrets or attending!

In the spirit of celebrating our scholarship recipients this evening, please reserve door prizes for our June meeting! Thank you!

MONTHLY CHAPTER MEETING

asist

EXECUTIVE WOMEN INTERNATIONAL
ADULT STUDENTS IN SCHOLASTIC TRANSITION

SCHOLARSHIPS

EWI of Tulsa will award seven scholarships totaling \$14,700 to deserving ASIST and EWISP winners at the 2025 BCDP Banquet.



Since 1980, EWI of Tulsa has awarded more than \$696,000 in scholarships!

ewisp

EXECUTIVE WOMEN INTERNATIONAL
SCHOLARSHIP PROGRAM

Membership contest

WIN A FREE LCAM REGISTRATION

Contest Period: May 1, 2025 - July 31, 2025

The Top 3 Chapters to bring in the most New Members by July 31st will receive 1 LCAM Registration for FREE!

Winning Chapters will be responsible for airfare and hotel for the representative attending the 2025 LCAM in Houston, Texas.



[SIGN UP NOW](#)



SALE SALE

NEW MEMBERSHIP PROMOTION

**BUY ONE GET ONE
50% OFF**

JOIN TODAY: PAY YOUR CHAPTER FEES AND GET
HALF OFF THE CORPORATE MEMBERSHIP FEES
FOR YOUR 1ST YEAR.

(SALE DATES: MAY 1, 2025 - AUG. 31, 2025)



SALE SALE

1/2 OFF CORPORATE FEES

Spring Into Membership with EWI Tulsa!

Spring is here, and so is our Spring Into Membership Drive!

This is the perfect season to grow our EWI Tulsa community by inviting more dynamic women leaders to join our thriving sisterhood of professional connections, personal growth, and unwavering support.

How It Works:

- 🌸 **Nominate with Purpose** – If you know a colleague, friend, or fellow leader who would benefit from EWI, nominate them! All candidates must be vetted before attending a Chapter meeting to ensure we uphold our non-compete policy.
- 🌸 **Attend as a Guest** – Nominees may attend two Chapter meetings before deciding to join. The Membership Committee will cover their first meeting's dues, but for the second meeting, dues must be covered by either the guest or their nominating member.
- 🌸 **Join Us for After Hours in June!** – Looking for a casual way to introduce someone to EWI? Invite them to our after hours event on Friday, June 6, 2025 (see attached flyer)! Please notify Amy (amy@tulsaoilers.com) to begin the vetting process.
- 🌸 **Your Voice Matters** – After the May Chapter meeting, the Membership Committee will send out a survey to identify target industries we'd love to see more representation from. Keep an eye out and share your input!
- 🌸 **Exclusive Incentive!** – For every nominee who officially joins, your name will be entered into a special quarterly drawing for one of Eva's fabulous bags! This drawing is exclusive to members who bring in new additions to our chapter—so start nominating!

Let's make this Spring Into Membership Drive a season of new connections, fresh energy, and exciting growth for EWI Tulsa!

★ YOU'RE INVITED ★

EXECUTIVE WOMEN INTERNATIONAL TULSA CHAPTER

JUNE MONTHLY MEETING & MINI FIRM NIGHT

 THURSDAY, JUNE 12TH | 5:30 P.M. 📍 THE RANCH – JENKS CHAMBER OF COMMERCE
10596 S. ELM ST, JENKS, OK 74037

◆ WHO SHOULD PARTICIPATE?

ANY EWI MEMBER INTERESTED IN SHOWCASING THEIR FIRM!
THIS IS THE PERFECT MEETING FOR EXECUTIVES TO LEARN MORE ABOUT THE FIRMS WE HAVE
WITHIN OUR EWI CHAPTER! (SAME RSVP AND PAYMENT POLICIES APPLY)

◆ WHAT'S INVOLVED?

COMPLETE ATTACHED FORM
RESERVE A TABLE REPRESENTING YOUR FIRM
SUBMIT A 2-MINUTE VIDEO (PREFERRED) OR VOICED OVER POWERPOINT
NEED TECH HELP? CONTACT:

MARNIE KNIGHT

✉️ MARNIE@ADMIRALEXPRESS.COM

📞 918-671-3876



◆ IMPORTANT DEADLINES

MONDAY, MAY 12 – BY NOON

HAVE FORM SUBMITTED & TABLE RESERVED

CONTACT: MARNIE CHOISNARD

✉️ CHOISNAM@GMAIL.COM | 📞 918-519-5611

*limited space—first come, first served if necessary

MONDAY, JUNE 2 – BY NOON

2-MINUTE VIDEO SUBMITTED

SEND TO: MARNIE KNIGHT VIA EMAIL OR DROPBOX

(VIDEO OPTIONAL – POWERPOINT WITH VOICEOVER ACCEPTED TOO!)

THURSDAY, JUNE 12 – 5:30 P.M.

SHOWTIME: TABLES READY FOR DISPLAY BY 5:30 PM

MAKE IT AN “EXPERIENCE” & DECORATE YOUR TABLE!

TAKE IT UP A NOTCH... ADD A LITTLE SWAG, DOOR PRIZES, RAFFLE ITEMS, ETC!

🎉 LET'S CELEBRATE OUR MEMBERS!

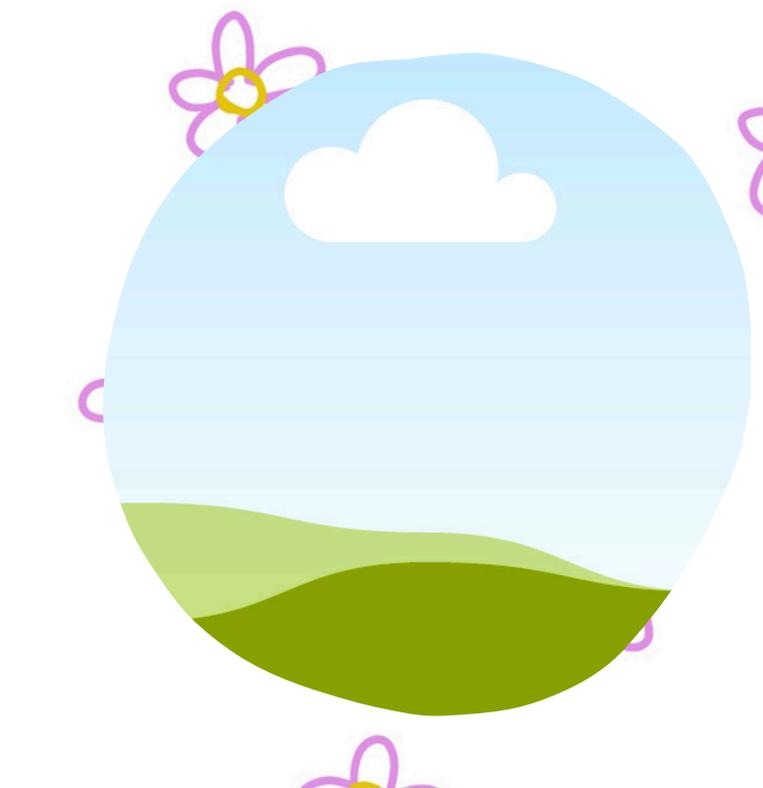
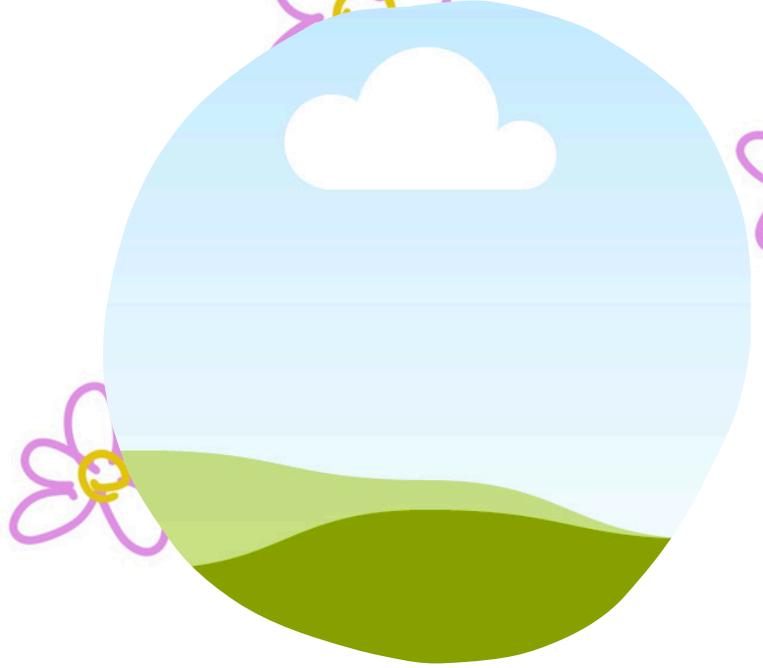
SHOW OFF YOUR BUSINESS AND CONNECT WITH FELLOW PROFESSIONALS.

WE CAN'T WAIT TO SEE WHAT YOU BRING TO THE TABLE!

MAY MEETING HIGHLIGHTS

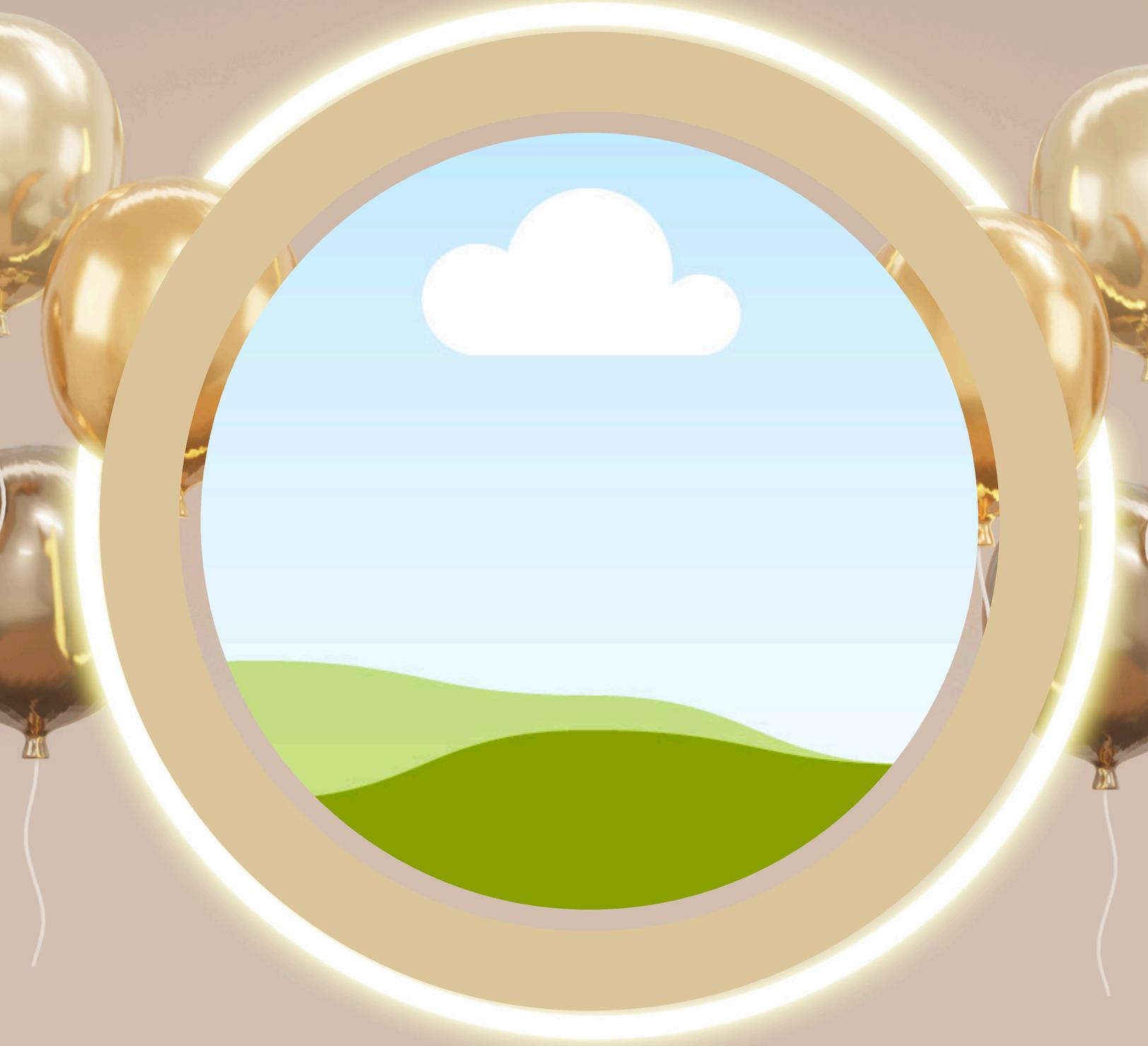


MAY MEETING HIGHLIGHTS



MAY BIRTHDAY LUNCH HIGHLIGHT

Celebrating:



*Thank
You!*

A big thank you to Helmerich & Payne for hosting a wonderful evening in your stunning new office space and for your continued support of our chapter!

We're also incredibly grateful to everyone who contributed giveaways for the April meeting—your generosity helps make our EWI gatherings so special. We appreciate each of you and look forward to many more great moments together.



Helmerich & Payne

APRIL MONTHLY MEETING FEEDBACK

THE MEAL

The food received high praise for its delicious taste, with many guests complimenting the quality, tenderness of the meat, and flavorful guacamole. Several attendees noted the generous variety, though a few suggested improvements such as offering a salad, dessert options, and keeping the food warmer with sternos. Overall, the catering was well-received and enjoyed by most.

THE VENUE

The new H&P headquarters received overwhelmingly positive feedback for its beautiful, modern design and inspiring atmosphere. Visitors appreciated the opportunity to tour the space, learn more about the company's values, and experience a layout that encouraged networking and conversation. While the overall impression was very favorable, some guests noted minor challenges with parking and navigating the building.

THE PRESENTATION

The speaker received high praise for his knowledge, enthusiasm, and engaging presentation style. Attendees appreciated his ability to make technical topics interesting, his insight into H&P's history and focus on safety, and his genuine passion for the company. While the presentation was well-received overall, a few felt it could have included a broader overview of the company beyond the technical details.

MEMBER SPOTLIGHT



JENNIFER MURPHY

Jennifer Murphy has served as the Director of Finance at Trinity Woods for the past two years and has been with the organization for seven. She's excited to take on her new role as the B/C/DP Director at EWI. Born in Missouri, she spent her early years moving across various states, including Mississippi, Texas, and Colorado, before settling in Tulsa in 2006. Embracing Tulsa as her home, Jennifer loves listening to live music and attending musicals at the Tulsa Performing Arts Center (TPAC). Jennifer feels that EWI will be a positive influence, offering opportunities to develop new skills that will help her achieve her professional goals.



MEMBER SPOTLIGHT



MARNIE CHOISNARD

Marnie Choisnard was raised in Tulsa and graduated from Bishop Kelly High School in 1990. She graduated from the University of Nebraska with a degree in Elementary Education and then ventured on to a degree in Deaf Education. Before teaching, she took a few detours and dabbled in everything from dog grooming to telemarketing, to kennel cleaning. Marnie taught Deaf Education in Omaha, Nebraska followed by Language Arts in Broken Arrow, Oklahoma until 2016. At that time, she decided to leave teaching and join the Saint Francis Health Zone team, full-time, as Membership Coordinator. Marnie has one son, Caden. He is 20 years old, a sophomore at the University of Tulsa, and has been her driving force for over 20 years.



CALENDAR OF EVENTS

May



May 1 - Communications Meeting, 11:30 AM



May 7- SAA Meeting, 3 PM, Virtual



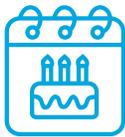
May 8- May BCDP Scholarship Banquet, Tulsa Tech (4000 W Florence St, Broken Arrow, OK 74011)



May 13 - Programs Meeting, 11:00 AM, El Patron



May 20- Membership Meeting, 10:30 AM, Virtual



May 21 - Birthday Lunch, McNellies, 12 PM



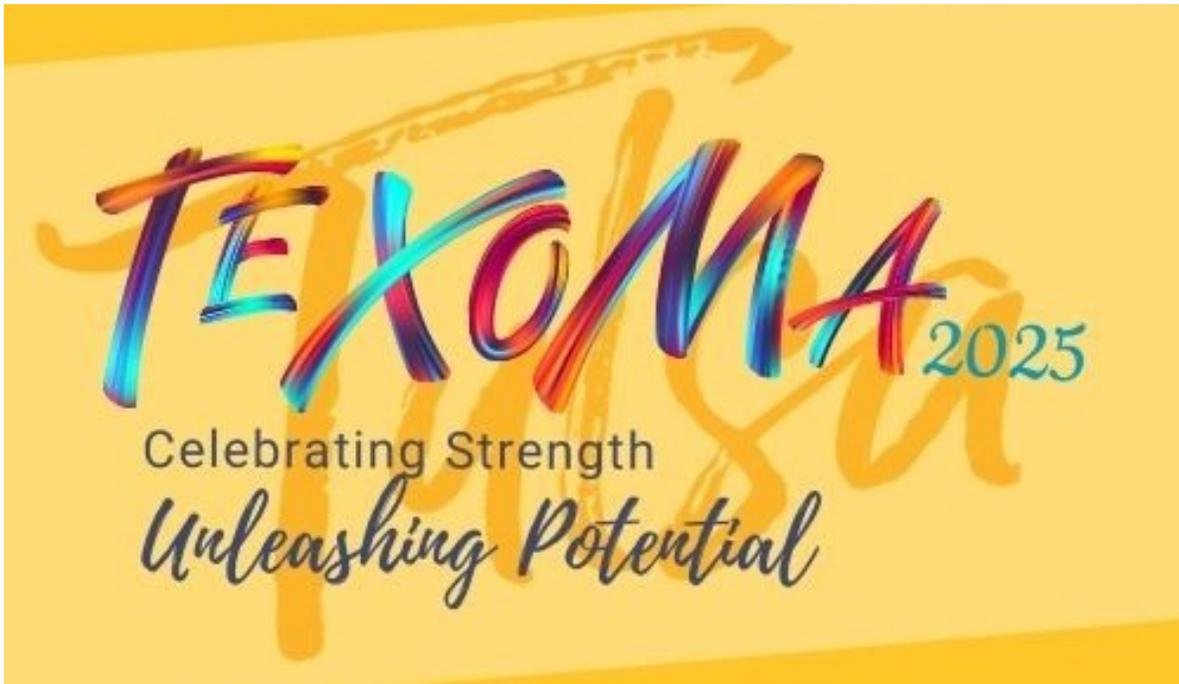
May 28- Board of Directors Meeting, 12:00 PM, William Building



May 28 - EWI Corporate Webinar - Corporate Board Roundtable: LCAM 2025 Preview & Discussion, 12 PM
<https://ewiconnect.zoom.us/j/83774337328>

****SURPRISE GIVEAWAY! We caught you reading the Connect! THE FIRST PERSON TO EMAIL SUSAN @ slmiller@wpbctulsa.com will receive a gift card, donated by Susan!**

EVENTS TO ATTEND



EWI of Tulsa is honored to host TEXOMA 2025, Celebrating Strength & Unleashing Potential! REGISTRATION IS NOW OPEN on ewiconnect.com.

Early bird rate of \$250 through June 1st! Please click the links below for more information and to register! See you in July!

[Direct Link to the Registration](#)

[Link to the Group TEXOMA Page](#)

[Link to Hotel Reservation](#)

**The EWI Tulsa Chapter will still hold its monthly meeting in July. There will NOT be an additional \$45 fee for members. EWI Tulsa Chapter will still RSVP and be charged accordingly for our usual monthly chapter meetings.

JULY 2025

EWI OF TULSA PRESENTS

TEXOMA 2025

Celebrating Strength
Unleashing Potential

PLEASE DONATE AN ITEM...

Your generosity will make this a memorable TEXOMA!!

*Don't forget some
of our attendees
are flying.*

**DOOR
PRIZES!!**

**50
WELCOME
BAG PROMO
ITEMS!!**

CONTACT

JEANNIE MURPHY

918-639-8004

JMURPHY@GRIMSLEYSINC.COM

CONTACT

TREVOR SWANSON

918-355-3200

TSWANSON@SJSHOSPITALITY.COM

EVENTS TO ATTEND

Afterhours

Tulsa

ewi

CONNECTIONS | CAREERS | COMMUNITY

VS

Tulsa Drillers

AMARILLO SOD POODLES

FRIDAY, JUNE 06, 2025

ONEOK SUITE, 7PM

201 N. ELGIN AVE TULSA, OK 74120 - ONEOK FIELD
TAMARA CONNER WILL EMAIL YOU A TICKET & PARKING

[RSVP REQUIRED BY MAY 30 | RSVP HERE](#)

EVENTS TO ATTEND

NOEL DAY LEON

HALFWAY TO THE HOLIDAYS

A FUNDRAISER EVENT FOR THE 99TH TULSA CHRISTMAS PARADE



You're Invited to a One-of-a-Kind Event — the Official Halfway Mark to Christmas!

Join us on Wednesday, June 25th—aka NOEL Day (LEON spelled backwards)—for an unforgettable evening benefitting the 99th Tulsa Christmas Parade.

Why you don't want to miss this: We're premiering the official Tulsa Christmas Parade song with a LIVE performance inside the legendary Church Studio. This will be the very first time anyone hears it—and you'll be part of the moment that kicks off the holiday season in Tulsa.

Your ticket includes:

- A first-ever live performance of the brand-new Tulsa Christmas Parade anthem, performed by Voth, a Nashville-based country trio with Tulsa roots. The song was written by acclaimed Oklahoma singer-songwriter Audra Mae—great-niece of Judy Garland, known for her haunting rendition of Bob Dylan's Forever Young on Sons of Anarchy, and for writing music for artists like Celine Dion, Miranda Lambert, Flo Rida, The All-American Rejects, and Avicii.
 - An open bar, courtesy of Carson Roberds Wealth Management at Morgan Stanley, plus festive hors d'oeuvres and sweet treats
 - Behind-the-scenes access at The Church Studio, with docents sharing Tulsa Sound history and offering exclusive studio tours
- Space is limited. Reserve your seat or become a sponsor now. All proceeds benefit the 99th year of the Tulsa Christmas Parade.

<https://tulsachristmasparade.org/noel/>

April Events

SCHNAKE TURNBO FRANK ADMIN HAPPY HOUR



Gina Shumard, Gloria McQuade, Angie Walters, Lori Heerlyn, Kim Bowman, Connie Gibson, Dr. LaFonda Murphy, Trelle Beck

ANNOUNCEMENTS

Congratulations, Andrea Tucker!

Andrea Tucker with Merrill Lynch serves as the Board President for Broken Arrow Neighbors and received the “Defying Limits” award at the Defying Hunger Gala for her Leadership and service to BAN. Congratulations on well-deserved recognition, Andrea!



ANNOUNCEMENTS

Congratulations, Angie & Felicia!

EWI Emerging Leaders Scholarship Recipients



Angie Walters (EWI of Tulsa) spoke about her plans to use the award to further the future of executive support roles:

"Obtaining a coaching certification represents a strategic evolution in my career. I've spent years managing complex C-suite executive schedules, facilitating high-level confidential communication, and navigating intricate organizational dynamics. Now, I look forward to using this experience to help the next generation of executive assistants develop, grow, and achieve their goals. This isn't just a personal achievement; it's an investment in the future of a critical — and often unsung — business support role."



Felicia Senter (EWI of Tulsa) reflected on the transformational possibilities ahead:

"The Emerging Executive Women program will allow me to expand my professional network, learn and develop new leadership skills and techniques, and stay agile in an ever-changing business climate. This is a major investment in myself — an opportunity to break new barriers, improve work-life balance, and shift the trajectory of my career. Gaining access to professional training and coaching through this program could be truly life-changing."

ANNOUNCEMENTS

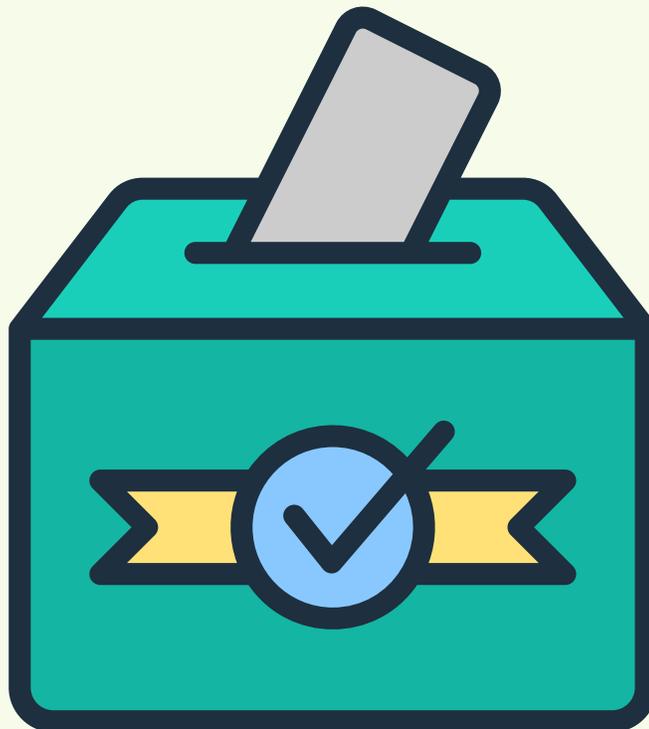


2025-2026 EWI Tulsa Board of Director Nominations

It is time to nominate for the 2025-2026 EWI of Tulsa Board of Directors!

The Straw Ballot Nomination form will be sent out soon! Watch your email for information on nominating your incoming leadership.

Dr. LaFonda Murphy will serve as the 2025-2026 Tulsa Chapter President and has already been elected. If you, or someone you know in the Tulsa Chapter, would like to serve on the Board of Directors please submit your Straw Ballot Nomination form by Friday, May 16, 2025 to Jody Davis.



ANNOUNCEMENTS

2025 LCAM Delegate Application

September 17 – 20, 2025

The 2025 Leadership Conference Annual Meeting (LCAM) will take place in Houston, Texas this year. Attending LCAM is an incredible opportunity to learn, network, increase your knowledge of EWI and make new friends. Because we have a large chapter here in Tulsa, we are afforded 5 delegates to attend and vote at the Annual Meeting. As an appointed delegate, your LCAM attendance fees will be covered.

If you would like to be considered for one of the two available delegate positions, please complete and return this form to Susan Miller at smiller@wpbctulsa.com by May 23, 2025

Name	Member Firm	Years in EWI
<p>Please explain why you would like to be considered for a delegate at the 2025 LCAM</p>		

ANNOUNCEMENTS

Tulsa Author Announce Route 66 Motor Coach Tour

It was great to hear from author Annette Murray during our March chapter meeting. More information is linked in the article below about the Route 66 tour she referenced.



Tulsa Author Announces Route 66 Motor Coach Tour

Tulsa author Annette Murray and tour operator Karen Smith are putting together a Route 66 motor tour in...

oklahomaroute66.com

BIRTHDAYS & FIRM ANNIVERSARIES

MAY Birthdays

5/3 Susan Miller, Warren Professional Building Corp.

5/11 Joni Whitehead, Anchor Search and Consulting

5/12 Felicia Senter, Tulsa Tech

5/14 Sara Shaklee, Trust Company of Oklahoma

5/19 Marnie Choisnard, Health Zone at Saint Francis

MAY Anniversaries

Food Bank of Eastern Oklahoma, since 2022

T. D. Williamson, since 1975

The University of Oklahoma Foundation, since 2022

Tropical Plant Design, Inc., since 2008

Tulsa Tech, since 1998

INFORMATION



COMMITTEES

YOU CAN JOIN A COMMITTEE AT ANY TIME! IF YOU'RE INTERESTED IN JOINING A COMMITTEE, REACH OUT TO THE BOARD MEMBER WHOSE COMMITTEE YOU'D LIKE TO JOIN!

COMMITTEES ARE A GREAT WAY TO GET TO KNOW FELLOW EWI MEMBERS!

CONTACT INFORMATION FOR BOARD MEMBERS IS ON THE "CONTACT" PAGE!

DOOR PRIZES

DO YOU LOVE WINNING DOOR PRIZES? OF COURSE YOU DO! IF YOU HAVE WON A DOOR PRIZE THIS YEAR, WE HOPE YOU WILL CONSIDER DONATING ONE FOR A FUTURE MEETING!

PAY IT FORWARD!

ALL DOOR PRIZE DONATIONS ARE ACCEPTED AND APPRECIATED. PLEASE CONTACT DEBBIE STUMPS AT D.STUMPS@PURVIEW.COM



MENTORS

If you would like to serve as a mentor to new members, please reach out to Angie Walters to volunteer!

angie@schsnake.com



MEMBER UPDATES



We want to share your news! Email us with updates and news, and include photos for us to include in the Connect!

Email:

amanda@projecthopeworldwide.org

EWI Tulsa Chapter Cares



If you are having any life events that you wish to share with the Chapter, please send them to Sarah Bowen at sbowen@tulsazoo.org We want to make sure the Chapter leadership and membership are kept informed of important happenings and are reaching out to support you! It is important to your Board of Directors that we celebrate your personal and professional accomplishments but also offer care and support in the event of surgery, illness or loss.

CONTACT

President

Susan Miller, Warren Professional Building Corp.
smiller@wpbctulsa.com
918-481-7953

Vice President

Dr. LaFonda Murphy, Moore Funeral Homes
lafonda@moorefuneral.com
918-744-1202

Secretary

Nicole Smith, 1800 Water Damage of SE Tulsa
nicole.smith@1800waterdamage.com
918-849-1260

Treasurer

Sara Shaklee, Trust Company of Oklahoma
sshaklee@trustok.com
918-899-2594

Sergeant-at-Arms

Sarah Bowen, Tulsa Zoo
sbowen@tulsazoo.org
918-633-9331

B/C/DP Director

Jennifer Murphy, Trinity Woods Tulsa
jmurphy@trinitywoodstulsa.com
918-949-5634

Membership (Recruitment)

Amy Henderson, Tulsa Oilers
amy@tulsaoilers.com
918-697-8316

Membership (Retention)

Sarah Alfred, hummingbird.tech
salfred@hummingbird.tech
918.230.8522

Programs

Marnie Choisnard, HealthZone at Saint Francis
machoisnard@saintfrancis.com
918-519-5611

Communications

Amanda Grace, Project Hope Worldwide
amanda@projecthopeworldwide.org
918-510-5454

Advisor

Janis Cohlmia, Tropical Plant Design
janis@tropicalplantdesign.com
918-622-3400

Advisor

Jody Davis, Accent Moving, Storage & Logistics
jodydavis@accentmoving.com
918-671-5302

Advisor

Felicia Senter, Tulsa Tech
felicia.senter@tulsatech.edu
918-406-6106



CONTACT US

ABOUT US

OUR MISSION

EXECUTIVE WOMEN INTERNATIONAL (EWI) BRINGS TOGETHER KEY INDIVIDUALS FROM DIVERSE BUSINESSES FOR THE PURPOSE OF: PROMOTING MEMBER FIRMS, ENHANCING PERSONAL AND PROFESSIONAL DEVELOPMENT, AND ENCOURAGING COMMUNITY INVOLVEMENT.

OUR VISION

TO ENHANCE PROFESSIONAL GROWTH AND DEVELOPMENT WITHIN A DIVERSE GROUP OF WOMEN WHILE EMPOWERING THEM TO MAKE A DIFFERENCE AS THEY INSPIRE OTHERS.

OUR VALUES

INTEGRITY | EXCELLENCE | RESPECT | COLLABORATION

EWI

EWI OF TULSA IS A CHAPTER OF EXECUTIVE WOMEN INTERNATIONAL ("EWI"). IF YOU WANT TO KNOW MORE ABOUT EWI INCLUDING THE MANY DEVELOPMENT OPPORTUNITIES OR CONNECT WITH MEMBERS IN OTHER CHAPTERS, PLEASE TAKE THE TIME TO REVIEW THE EWI CORPORATE WEBSITE.