

Tulsa EWI Connect

CHARTERED 1956

JANUARY 2025

LETTER FROM THE PRESIDENT

WARREN PROFESSIONAL BUILDING CORPORATION

Dear EWI Sisters,

As we begin a brand-new year, it's a wonderful opportunity to reflect on our journey, celebrate our achievements, and set our sights on the promising path ahead. 2024 has been a year of growth, learning, and empowerment for us all. We have navigated challenges with grace, embraced opportunities with enthusiasm, and supported each other with unwavering strength. I have thoroughly enjoyed our time spent together and feel a positive impact in both my professional and personal lives. I truly hope you have as well.

As we welcome 2025, let's carry forward the spirit of camaraderie and resilience that defines our group. Here are a few aspirations for the coming year:

- Empowerment: Let's continue to uplift and inspire each other, fostering an environment where every voice is heard, and every idea is valued.
- Growth: Embrace new challenges and opportunities with open hearts and minds. This is our time to innovate, learn, and thrive.
- Connection: Strengthen our bonds, both within our group, our fellow chapters and with the Tulsa community. Collaboration and support are the keys to our collective success.

Thank you for your dedication and support. Together, we continue to build something truly special, and I am excited to see where the new year takes us. Wishing you all a prosperous and fulfilling New Year.

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader" - John Quincy Adams

With gratitude and best wishes,



2024-2025

EWI Tulsa Chapter President



2024-2025 OFFICERS & DIRECTORS

PRESIDENT
SUSAN MILLER, WARREN PROFESSIONAL BUILDING CORP.

VICE PRESIDENT
DR. LAFONDA MURPHY, MOORE FUNERAL HOMES

SECRETARY
OSHA THOMPSON, T.D. WILLIAMSON

TREASURER
SARA SHAKLEE, TRUST COMPANY OF OKLAHOMA

SERGEANT-AT-ARMS
SARAH BOWEN, TULSA ZOO

B/C/DP DIRECTOR
JENNIFER MURPHY, TRINITY WOODS TULSA

MEMBERSHIP (RECRUITMENT)
AMY HENDERSON, TULSA OILERS

MEMBERSHIP (RETENTION)
SARAH ALFRED, HUMMINGBIRD.TECH

PROGRAMS
MARNIE CHOISNARD, HEALTH ZONE AT SAINT FRANCIS

COMMUNICATIONS
AMANDA GRACE, PROJECT HOPE WORLDWIDE

ADVISOR
JODY DAVIS, ACCENT MOVING, STORAGE & LOGISTICS

ADVISOR
FELICIA SENTER, TULSA TECH

ADVISOR
JANIS COHLMIA, TROPICAL PLANT DESIGN

Tulsa ewiConnect

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<https://www.facebook.com/ewitulsa>



<https://www.linkedin.com/company/ewi-tulsa>



<https://www.instagram.com/ewitulsa/>

EWI Corporate Web/Social Media



<https://ewiconnect.com>



<https://www.facebook.com/ewicorp>

MONTHLY CHAPTER MEETING



CONNECTIONS | CAREERS | COMMUNITY

JANUARY CHAPTER MEETING

Join us as we hear from

Date: Th
Time: 5:3
Venue: O
6175 E 61
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Parking: F
Dress: Bus

Cost: \$45 M

Do you have
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**EVENT
CANCELLED**

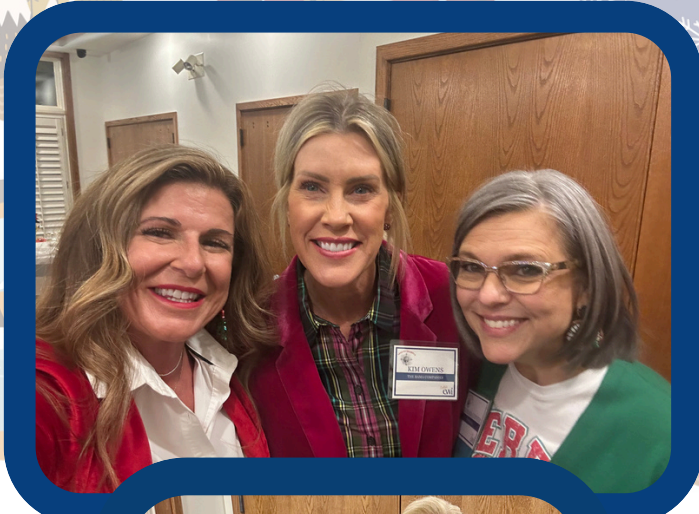
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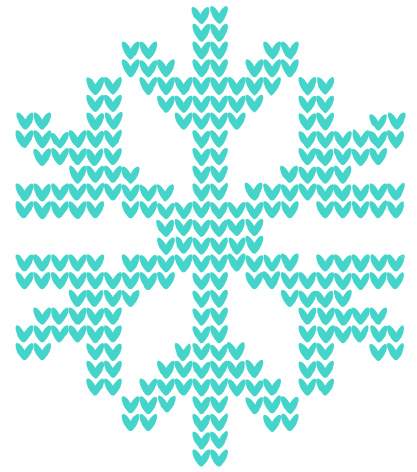
meetings will
Business Meeting fees are mandatory
for all members. While you will be invoiced
regardless of attendance, please take the time to
RSVP.

Do you have a door prize you wish to donate? If so, please contact Marnie Choisnard at machoisnard@saintfrancis.com. As always, we appreciate your generosity!

EVENT CANCELLED DUE TO INCLEMENT WEATHER

DECEMBER MEETING HIGHLIGHTS

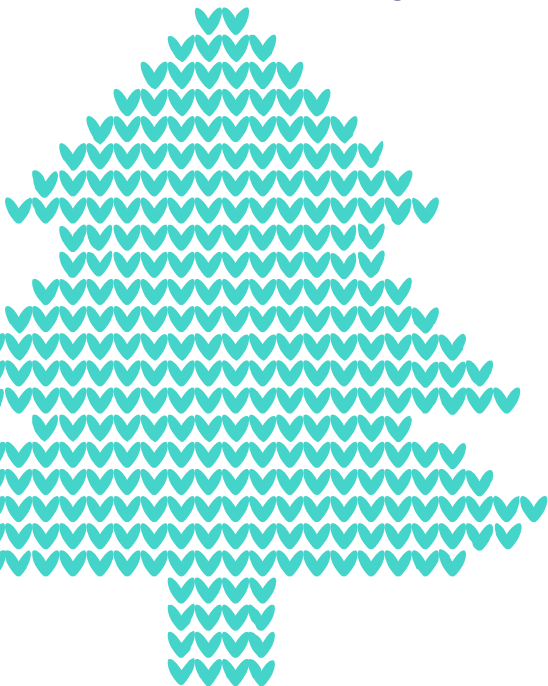




Thank You!

Thank you to everyone who provided donations for Ronald McDonald House! We all helped an incredible cause together!

A special thank you to Trinity Woods for coordinating with their vendors after the December meeting to donate even more to Ronald McDonald House! Amazing!



DECEMBER FEEDBACK

THE MEAL

- The food was delicious; the cookies were amazing! The cookies were outstanding. Both dishes were excellent
- Unfortunately, there was not enough food and I did not feel like I could try everything. But, what I had was delish. I know the food can be so challenging. Sometimes there's so much excess and then not enough...you just cannot predict.

THE VENUE

- Amazing. One of my favorite meetings. Cozy and comfortable. Beautiful building, a nice facility.
- What an incredible place! I am deeply grateful for the support they offer to families. It's truly an inspiring and noble cause.
- I know it was cozy, but I enjoyed being on-site for the philanthropy.

THE PRESENTATION

- You can tell she is invested in this cause; I enjoyed learning more about their services
- I enjoyed the tour of the facility. I had never been there and it's an amazing organization.
- I really enjoyed learning more about Ronald McDonald House and opportunities for serving.
- I learned so much more about the organization and was thrilled to see and feel how this organization helps the community in need.

MEMBER SPOTLIGHTS



GINA SHUMARD

Gina Shumard is the Executive Assistant to CEO Mark Tedford at Tedford Insurance, where she has been a vital part of the team for over three years. In addition to her role at Tedford Insurance, Gina and her husband, Ron, are proud owners of Muskogee Powersports in Muskogee, OK.

Gina's executive is also a State Representative for District 69, which has sparked her love for politics and admiration for those serving in such important roles. She is a member of the Republican Women's Club of South Tulsa and Women for Tulsa.

She has a servant's heart and enjoys helping others, which is evident in her extensive philanthropic involvement. She chairs the Saint Francis Children's Hospital Cancer Warrior Party and has served on the Balloon Festival Committee and the Friends and Family Gala Committee for the Gateway Foundation. As a Jenks Chamber Ambassador, she has also contributed to the Tulsa Cattle Barons' Ball in various capacities, including Volunteer Coordinator and Sponsor/Baron Liaison. Additionally, Gina serves on the Soldier's Wish Night of Honor Planning Committee, the Tulsa Christmas Parade Committee, and the Christmas in July Gala Committee.

Her dedication extends to her church, Life.Church in Broken Arrow, where she actively serves in Life.Kids. This year, Gina achieved a significant milestone by obtaining her OK Life, Health & Accident Producer License as well as her OK Property & Casualty Insurance Producer License.

Fun facts about Gina:

Gina is a proud SOONER fan

She has an identical twin sister

She formerly worked with world renowned motivational speaker Zig Ziglar, along with speaker and author, Priscilla Shirer



MEMBER SPOTLIGHTS



KIM OWENS

Kim Owens is the Senior Director of Community Relations and Training at The Bama Companies, a family-owned company specializing in bakery products for the biggest and best-known quick service restaurants around the world. Prior to her current role, she was the Senior Director of People Systems, Director of Supply Chain and Director of Continuous Improvement, all at Bama.

Kim currently is the Board Chair of the Ronald McDonald House, a member of American Heart Association's Executive Leadership Team, Circle of Care Board Member, Campaign Committee Member for Grand Mental Health, Campaign Committee Member for Family Safety Center, Advisory Board Member for the Tulsa Chamber of Commerce, Chaplain of Executive Women International and active in her church creating a new Ministry she calls ECHO...Every Church Helping Orphans and was instrumental in starting "Home for the Holidays" at the Laura Dester Shelter.

Owens graduated from the University of Tulsa where she earned a Bachelor's in Business Accounting and a Master's degree in Business Administration.

Kim and her husband, Dave, have been married 23 years and are proud parents of nineteen-year-old triplets, Kennedy, Ike, and Madison, who are now attending the University of Arkansas, Northeastern Oklahoma A&M and Oklahoma Christian University.



TREVOR SWANSON

I was born in Oklahoma City and raised in Stillwater (Go Pokes!). After graduating from Stillwater High School, I continued my education at Oklahoma State University, where I earned a bachelor's degree in Hotel and Restaurant Administration.

Fast forward to now, I'm the Director of Sales for not one, but two awesome hotels in Broken Arrow: the Holiday Inn Express & Suites by IHG and TownePlace Suites by Marriott, both owned and managed by SJS Hospitality Hotels LLC. For over seven and a half years, I've had the joy of being part of a company that loves giving back to the community, supporting amazing causes like the Eastern Oklahoma Food Bank, Tulsa Ballet, and Catholic Charities.

But wait, there's more! My dedication to leadership and community service doesn't stop there. I'm proud to be an Executive Board Member for Visit Broken Arrow and the Treasurer for the Global Business Travel Association (GBTA). As a new member of EWI, I am excited to make more meaningful connections through this amazing organization. Please continue giving me grace while I learn everyone's name.

On the home front, I adore spending quality time with my husband, my three adult kids whenever I get the opportunity (empty nesting has been hard for me), and our furry entourage—two dogs and a cat. A fun tidbit about me: I'm a HUGE Taylor Swift fan and certified Swiftie.

CALENDAR OF EVENTS

January & February



~~**JANUARY 9** - January Chapter Meeting~~



JANUARY 13 - Mentor Training, 12 PM,
Puck's @ WeStreet Ice Center



JANUARY 14 - Programs Meeting



JANUARY 17 - January Birthdays Lunch



JANUARY 20 - Membership Meeting, 10:30 AM, Virtual



JANUARY 22 - Board of Directors Meeting, 12:00 PM,
William Building



TBA - BCDP Meeting



FEBRUARY 2 - Communications Meeting, 11:30 AM,
Puck's @ WeStreet Ice Center with virtual option



FEBRUARY 12 - SAA Meeting, 3 PM, Virtual



FEBRUARY 12 - Executive Breakfast
*Execs and Exec Reps only.

EVENTS TO ATTEND

SAVE THE DATE

EWI of Tulsa

Executive Breakfast



FEBRUARY 12 | 7:15 AM CHECK IN
CEDAR RIDGE COUNTRY CLUB
10302 S GARNETT RD
BROKEN ARROW, OK 74011

EWI EXECUTIVE INVITATION TO FOLLOW

***Executives & Executive Reps Only**

[RSVP HERE](#)

EVENTS TO ATTEND

Please Save the Date for our 3rd Annual Galentine's Day Happy Hour on Wednesday, February 5th from 4pm-6pm.

WATCH YOUR EMAIL FOR LOCATION DETAILS!

Contact Allyson Baldwin with questions: abaldwin@cjarchitects.com

3rd Annual Galentine's Day Happy Hour

CJC Architects, Inc. **LDKERN'S**
CONTRACTORS

Wednesday, February 5th
4pm-6pm | Come & Go

SAVE THE DATE!

ANNOUNCEMENTS

Downtown continues to dominate "Tulsa's Coolest Office Spaces", according to a global commercial real estate firm.

Congratulations to Helmerich & Payne for being named one of Tulsa's Coolest Office Spaces for 2024 by CBRE.



Outdoor space is seen at Helmerich & Payne in the 222 North Detroit building.



Grace Hentges straightens books on a shelf in the library at Helmerich & Payne in the 222 North Detroit building.

ANNOUNCEMENTS



COMMITTEES

YOU CAN JOIN A COMMITTEE AT ANY TIME! IF YOU'RE INTERESTED IN JOINING A COMMITTEE, REACH OUT TO THE BOARD MEMBER WHOSE COMMITTEE YOU'D LIKE TO JOIN!

COMMITTEES ARE A GREAT WAY TO GET TO KNOW FELLOW EWI MEMBERS!

CONTACT INFORMATION FOR BOARD MEMBERS IS ON THE "CONTACT" PAGE!

DOOR PRIZES

DO YOU LOVE WINNING DOOR PRIZES? OF COURSE YOU DO! IF YOU HAVE WON A DOOR PRIZE THIS YEAR, WE HOPE YOU WILL CONSIDER DONATING ONE FOR A FUTURE MEETING!

PAY IT FORWARD!

ALL DOOR PRIZE DONATIONS ARE ACCEPTED AND APPRECIATED. PLEASE CONTACT MARNIE CHOISNARD AT MACHOISNARD@SAINTFRANCIS.COM



MENTORS

If you would like to serve as a mentor to new members, please reach out to Angie Walters to volunteer!

angie@schsnake.com



BIRTHDAYS & FIRM ANNIVERSARIES

JANUARY Birthdays



- 1/1 - Tammie Kokler, Tulsa Regional Chamber
- 1/4 - Ashby Devin, Monterey
- 1/4 - Jamie Reed, ONEOK, Inc.
- 1/6 - Jessica Barlow, Burnett Home Improvement
- 1/17 - Jessica Bolen, The Stonehaven
- 1/22 - Trevor Swanson, SJS Hospitality
- 1/24 - Darlene Adkins, KMS International
- 1/23 - Gina Wilson, Oklahoma Central Credit Union
- 1/27 - Janis Cohlma, Tropical Plant Design, Inc.



JANUARY Anniversaries

- Helmerich & Payne, Inc. since 1984
- TC Blair & Associates since 2017
- Just Catering by Orr since 2024



INFORMATION



DOOR PRIZES

Interested in donating a door prize for an upcoming meeting? Please contact Marnie Choisnard at machoisnard@saintfrancis.com. As always, we appreciate your generosity!



MENTORS

Have questions about who your mentor is? Reach out to Angie Walters and she will help you out! Angie@schnake.com



NEWS & PHOTOS

Want your news or photos in the next Connect? Email amanda@projecthopeworldwide.org



LIFE EVENTS

If you are having any life events that you wish to share with the Chapter, please send them to Sarah Bowen at sbowen@tulsazoo.org

We want to make sure the Chapter leadership and membership are kept informed of important happenings and are reaching out to support you! It is important to your Board of Directors that we celebrate your personal and professional accomplishments but also offer care and support in the event of surgery, illness or loss.

CONTACT

President

Susan Miller, Warren Professional Building Corp.
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Vice President

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Sergeant-at-Arms

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B/C/DP Director

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Membership (Retention)

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Programs

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918-510-5454

Advisor

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918-622-3400

Advisor

Jody Davis, Accent Moving, Storage & Logistics
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918-671-5302

Advisor

Felicia Senter, Tulsa Tech
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918-406-6106



CONTACT US

ABOUT US

OUR MISSION

EXECUTIVE WOMEN INTERNATIONAL (EWI) BRINGS TOGETHER KEY INDIVIDUALS FROM DIVERSE BUSINESSES FOR THE PURPOSE OF: PROMOTING MEMBER FIRMS, ENHANCING PERSONAL AND PROFESSIONAL DEVELOPMENT, AND ENCOURAGING COMMUNITY INVOLVEMENT.

OUR VISION

TO ENHANCE PROFESSIONAL GROWTH AND DEVELOPMENT WITHIN A DIVERSE GROUP OF WOMEN WHILE EMPOWERING THEM TO MAKE A DIFFERENCE AS THEY INSPIRE OTHERS.

OUR VALUES

INTEGRITY | EXCELLENCE | RESPECT | COLLABORATION

EWI

EWI OF TULSA IS A CHAPTER OF EXECUTIVE WOMEN INTERNATIONAL ("EWI"). IF YOU WANT TO KNOW MORE ABOUT EWI INCLUDING THE MANY DEVELOPMENT OPPORTUNITIES OR CONNECT WITH MEMBERS IN OTHER CHAPTERS, PLEASE TAKE THE TIME TO REVIEW THE [EWI CORPORATE WEBSITE](http://WWW.EWITULSA.ORG).